

FEMALE INNER LEADERSHIP PROGRAMME

A transformative female leadership programme

Find strength and direction from within

Format
In-Person & Virtual

Languages
English & German

Time
18 Hours

» OXFORD LEADERSHIP





Ready to unlock your female (super) powers?

Find your Inner Compass and unleash your potential in your professional and personal life.

As a leader, woman, and mother, you face high expectations and demands on your time. It can be overwhelming, especially during bad days when self-doubt and lack of confidence creep in. Balancing family, personal time, and a professional career can feel like an impossible feat.

But there is hope. Our unique leadership programme is designed specifically for women in leadership positions who are trying to juggle it all. Adapted from the highly successful Self-Managing Leadership® (SML®) Programme from Oxford Leadership, our programme has helped almost one million participants discover their values, vision, and purpose. Our participants have proven that it is possible to achieve both professional and personal success while staying true to their authentic selves.

Join us and discover how you can thrive as a leader, woman, and mother.

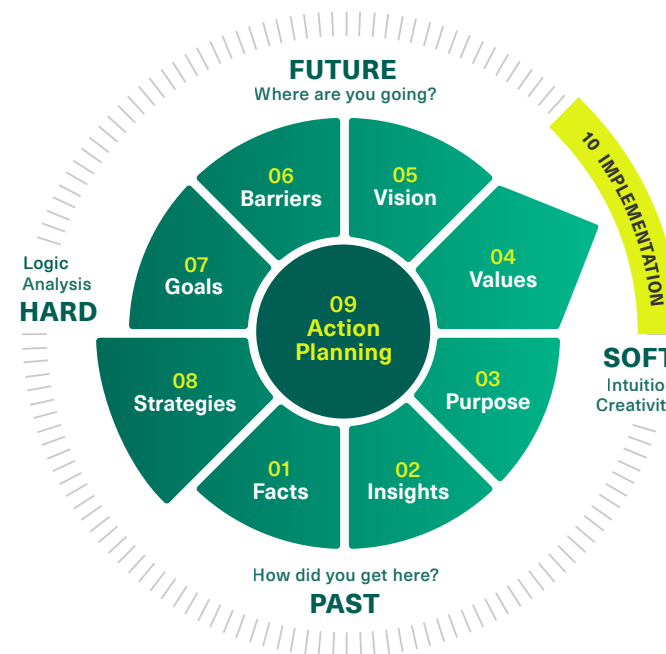
Tailor-made for female leaders.

The Inner Leadership Compass, tailor-made for female leaders, is a powerful, step-by-step framework that helps you focus, change negative habits, make critical choices, and bring plans to life.

A key feature of the programme is learning how to influence change at the individual, team, and organizational levels.

But that's not all. The power of collective wisdom is harnessed in this programme, as you'll have quality time with peers and engage in open conversations. You'll also have deep reflective time for yourself, something that is typically only found in one-on-one coaching sessions. This combination of group and individual work creates a dynamic and impactful experience that will help you achieve your goals and develop your leadership skills.

Join us on this journey of growth & self-discovery.



Why this programme is tailor-made for women

Because as female leaders and mothers, we have a unique role in creating a better world for everyone around us and for future generations. We are natural caretakers and change-makers, but often at the expense of our own well-being. This programme is **specifically designed to strengthen you** from the inside out, helping you prevent burnout and shine even brighter in the next chapter of society.

By investing in yourself and your leadership development, you are not only benefiting your own life and career, but also positively impacting those around you.

A programme to strengthen yourself from within.

We believe that as women, you already possess many of the skills necessary for future leadership success, including an innovative mindset, agile methods, active listening ability, and a sustainable mindset. Your leadership and voice are essential for driving positive change.

That's why we've designed these days specifically for you, to support you in staying strong at all levels and taking your next step of growth. Our programme is creative, energizing, deep, and inspiring, paving the path for a new workplace, smart solutions, and positive impact in society.

Thrive without burning out – family, you and career

Programme Format

Explorative, innovative – from hybrid to in-Person in Vienna and Düsseldorf or a global virtual workshop.

Languages

The programme is bilingual and can be delivered in English or German.

Your programme guides & facilitators



Eve Simon
Leadership Consultant

German by nature, Californian by heart - that promises an unusual approach in all Eve Simon does - as a transformational consultant, executive coach, key-note speaker and serial entrepreneur. With a systemic perspective and diverse knowledge and expertise in Marketing, Business Development, Innovation, Leadership and Personal & Cultural Growth she merges different viewpoints into new solutions.

She holds a Master degree from Switzerland besides various other certifications in coaching, mindfulness and agile methods; leading divisions in corporate for 14 years and running her boutique consulting firm since 2005. Eve lives currently with her daughter in two continents – Silicon Valley and Germany.



Maren Wölfl
Leadership Consultant

Maren has extensive experience in Business Coaching and training in international companies. Her focus and clarity in combination with a high regard for people leads to inspiring results.

Her main talents lie in realizing and strengthening unique talents and the courage to trust your intuition.

She has been recognized for providing in depth know-how on Women and Leadership and building trustful and sustainable relationships with people. Maren lives in Vienna and is a mom of 3.

Benefits you, your family & your organisation.

Through careful introspection and guided facilitation, you will:



Identify your **negative and positive patterns/habits and behaviours** that are present in your life.



Identify **your purpose** or that which gives meaning to your life.



Create a **future vision** for your life in three key areas: your role as a leader, your role in your family/community life and your personal life.



Recognise and put in place a plan to **overcome barriers** which are holding you back from becoming all that you can be.



Emerge with concrete strategies for **managing yourself better**, your relationships, your career and your organisation.



Leave with a framework for self management and personal accountability and an **action plan** for embedding your learning in practice after the course.



Develop inner strength to create positive change, even in challenging circumstances.

Level 04:
COMMUNITY

Creating interconnected communities aligned by a purpose beyond products, profits and self-interest

Level 03:
ORGANISATION

Developing collective organisational wisdom to make leaders and organisations more agile, more engaged and more accountable

Level 02:
TEAM

Developing team wisdom, trust and commitment to a purpose beyond individual egos

Level 01:
INDIVIDUAL

Developing the leader from the inside out



Sign up to this unique programme for women, mothers & leaders, to thrive in life & business.

We are delighted to offer the programme in flexible corporate or open format. It's an interactive workshop that fosters personal reflection, community building, and fun activities. Upon completion, you'll have a roadmap for your future and a stronger sense of personal values, purpose, and vision.

Let us help you become an impactful leader who reflects your unique personality, unlocking your potential and creating positive change in your life and the world. Group discounts available.

Register via email:

eve.simon@oxfordleadership.com
maren.woelfl@oxfordleadership.com



Focused on the needs of MOMS

September 17th, 19th, 21st, 24th

Online - Virtual facilitated global group

Sessions run from: 4 to 7.30pm CET / 10am EDT / 7am PDT

4 Virtual Sessions: €850 excl. VAT



November 13th, 15th, 17th

Hybrid: Online + In-person

13 November 2023 online from 10am-1pm

15 November 2023 in Vienna from 9am-5pm

17 November 2023 online from 10am-1pm

Sessions: 2 Virtual + 1 In-person - €1350 excl. VAT

Participant testimonials:

“This course was a chance for me to re-think who I am and how I want to lead. I developed a clear beacon for my personal and professional development through the creative exercises and appreciated the opportunity to travel this journey with inspiring peers.”

Vanessa Butani

Senior Manager Sustainability
Electrolux



“It is a great opportunity to know and work on our strengths and weaknesses in order to develop a plan. I truly believe that deep change occurs only by example, and we as executives must lead with examples and actions rather than words.”

T.B. Silva

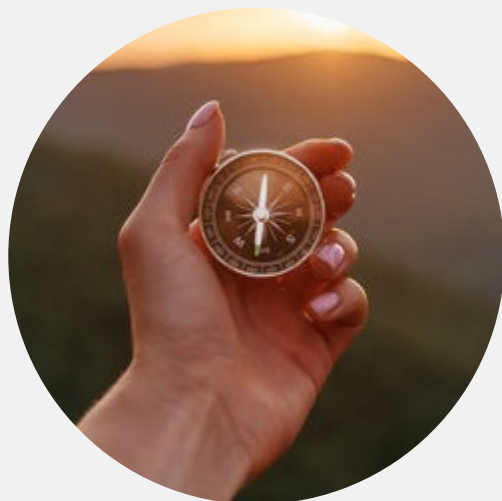
VP Human Resources
Telefonica



“This course gave insights since it opened up a possibility to go inside myself and start a structured process both privately and professionally. We got great guidance throughout the process and worth while tools for taking the next step.”

Urban Broberg

Manager data warehouse systems
SEB



Unleash your female super powers!

We are here to help you find your inner compass, develop a roadmap for success in both your professional & personal life and unleash your potential as an impactful leader who reflects your unique personality.

Talk to a transformation consultant today.



[Call +49 163 826 0670](tel:+491638260670)

[Email a Consultant](#)

www.oxfordleadership.com