
EXECUTIVE PROFILE



Elena Zlygosteva
FELLOW

“I got excellent knowledge about the nature of coaching with Elena’s support. I achieved significant results in personal growth, detecting new peaks for the professional growth with balance in my life at the same time.”

Anton Berezin
Head Of Retail Marketing
Beeline Russia

Elena is a Fellow of Oxford Leadership. She has more than 20 years of experience in the field of Human Resources. Elena is an Executive Coach and Lumina Assessment Practitioner and is currently working towards her goal of making the best global leadership development programmes available to professional organizations in Latvia.

In her previous role as an Executive Search Consultant Elena was responsible for corporate team building, recruitment and on-boarding top executives for leading international companies. In 2012 she started her practice as a professional coach, supporting top and middle managers in their career development.



Elena holds an MSc Degree in Linguistics from Moscow State Teachers’ Training University. She is a Certified Professional Coach holding PCC level accreditation by ICF and Lumina Assessment Practitioner. Elena is also Member of the Board at International Coach Federation, Latvia.

Elena lived and worked in Russia until 2012, and later moved to Latvia with her family.

Elena works in English and Russian.