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## EXECUTIVE PROFILE

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### Tana Cores

FELLOW

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“Tana has excellent traits that make her an outstanding coach. She is empathetic and listens very well and knows how to make sure that what she says is noticed. She is also highly introspective thus adding great value with her thoughts and ideas. It is a pleasure and a privilege to work with her.”

**Marta Grau**  
HR and IT Manager,  
Random House, Spain

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“The sessions with Tana have been open, constructive and transparent. Because of her we have been enabled to develop and share ideas - she is excellent.”

**Jesus Carmena Almendros**  
Former Director of Sales  
Telefónica, Spain

Tana is a Fellow of Oxford Leadership. She works as an Executive Coach, Facilitator, Trainer And Management Consultant with several leading Multi-national Companies including Apple, Novartis, Sandoz, La Caixa, GMAC, Random House, Phillip Morris, Almirall, Telefónica and Microsoft. Tana is based in Spain. ats is a Fellow of Oxford Leadership.

As a Fellow of Oxford Leadership, Tana combines over 20 years' experience in Organisational Development. Tana works with companies including Microsoft and Apple to strengthen communication across Management Teams. She has done various courses in Psychologist and has done a Masters in Human Resources, as well as multiple courses and seminars related to the growth and development of managerial skills. Tana's passion in working with Multi-national Companies is in inspiring and encouraging individuals and organisations to change. Through leading improvements in measurable attitudes, behaviour and skills, Tana is driven to enhance people's performance.

Tana works towards strengthening collaboration and partnerships. Since 2011, she has been working with Novartis in Spain on Leadership Consulting, Development and Coaching. The global reach of Oxford Leadership has enabled Tana to contribute to the growth in this partnership from the National level to the Regional level, through working with Novartis Europe since 2012.

Tana has been trained in coaching with CTI in the Co-active Coaching Training Programme and Organisational and Relations Systems by Center for Right Relationship. Also she is a Practitioner NLP and Certified Coach CACC and PCC by ICF.



As a coach, Tana is totally oriented to the individual with a constructive and effective approach to helping people develop in their role. She is focused on helping her clients define their purpose and in turn reach fulfilment in their professional and personal lives. Her clients are managers, professionals and high emerging leaders seeking development in all the aspects in their life.

**Tana works in Spanish and English.**