

---

**EXECUTIVE PROFILE**


---



**Dr Rachel Amato**  
**PARTNER**

“It was such an unexpected success. I have never experienced a leadership training course that made me understand the importance of knowing myself. Absolutely great experience, it was fun, personal and I met some excellent people. The course really made you think, but in an organised way.”

**Carlos Melendo**  
 Handsets Director  
 Telefónica, Spain

“SML “It was a great opportunity to clean up my mind - I had time to think about me, my work, my life... Nowadays, we usually don't have many occasions to do that as we're always in a hurry. I came back relaxed, energetic, very positive about myself and the future.”

**Lidia Brzezinska**  
 Communications Manager  
 AkzoNobel, Poland

Dr Rachel Amato is a Partner of Oxford Leadership. She is a senior consultant-coach-facilitator working in organisational change, leadership development and executive coaching. Her consulting work has included missions in strategy, scenario planning, organisation design, post-merger integration, change management, intercultural management, and organisation development. She has coached executives and leadership teams for more than a decade, helping them build their emotional intelligence and their resilience, occupy their roles effectively, and navigate the complexity of their contexts. Rachel is based in France.

A keen systemic thinker, Rachel works with the individual, group, and organisational dynamics of transformation processes to bring people to a higher level of effectiveness. She partners with clients to develop new mind-sets, learning capabilities, processes, and behaviours, through positive and participative approaches. In doing so, she helps foster greater organisational health, collaboration, and engagement. She specialises in executive leadership transitions, change leadership coaching, and executive team development. Rachel has authored a MOOC on leadership, and published on leadership transitions, organizational transitions, and the human side of mergers.



Rachel holds a PhD in Management Studies from HEC Paris focused on the psychosocial dynamics of post-merger integration, an MPhil in Organisational Sociology and Social Psychology from Paris University, an MSc in Management Studies from ESCP Europe, and an MA (Hons) in Modern Languages from Oxford University. A fully trained professional coach (individuals and teams), she is in the process of ICF certification for PCC, is qualified in MBTI, Systemic Constellations, Influencer, Belbin Team Roles, and has extensive experience in coaching with the emotional intelligence inventory EQi 2.0 and working with group dynamics.

She has worked with organisations such as:

Metro C&C, Veolia, BASF, Grands Moulins de Paris, AkzoNobel, ING Bank, Teva Pharmaceuticals, Hermès International, Ubisoft, Essilor International, Orange, GDF-Suez, Vinci, EDF, Banque Postale, Ubisoft, France AgriMer, EADS Telecom, Agusta Westland, Caisse de Dépôts et Consignations, Vedioorbis, Arcelor, Alstom Transport, Sara Lee Corporation, Wartsila NSD, AXA.

**Rachel works in English, French and Spanish.**