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**EXECUTIVE PROFILE**


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**María Alvarez de Mon**
**FELLOW**

“My experience with Oxford Leadership, and particularly my coach María Álvarez de Mon, has been an invaluable contribution to my professional and personal life, since it helped me to improve and understand that the relationship with people is the key to achieve any longing. The support I received during the year remained to enforce my purposes and helped me to consider new ways to overcome barriers and achieve my goals.”

**Javier Bereche Álvarez**  
Regional Director  
Telefónica, Peru

“María is a great teacher and coach. Thanks to her work and dedication, she tries to let each person make the best of themselves. Her proximity invites to share, to listen and, above all, to reflect. She knows how to be firm when necessary, but always with empathy and respect for what they do that her tips are so valuable. When necessary, I know that I can always find in her support and objectivity.”

**Inés Cruz**  
International Controller  
Trucco, Spain

María Álvarez de Mon is a Fellow of Oxford Leadership. She has experience in Management Consultancy, Trainings Programs and Coaching. She has over 15 years’ experience in Multinational Companies and has a lot of experience working with High Performance Teams, Talent and Career Development. Maria is based in Spain.

Over the past six years, María Álvarez de Mon has developed her professional career as a consultant, training in subjects related to the human factor and its development in organisations, advising companies on aspects such as high performance team management, talent and career development, communication and leadership, amongst others.

Her experience covers many sectors and industries including the clothing industry, FMCG and Retail, Insurance, Telecommunications and Pharmaceutical and clients like Banesto, Lilly, Coca Cola, Carrefour, Telefonica, Banco Santander, Axa, Mapfre, Metro and Ferrovial.

She has experience and participates in executive coaching processes. She is a Professor of Managing People and Human Factor in organisations at ISEM Fashion Business School, of the University of Navarra, where she has been the Director for three years of the MBA program.



She also collaborates as a Professor in the postgraduate programs at the University Francisco de Vitoria and she is partner of Mentore.

María started her professional career in the FMCG and Retail sector where she had 16 years of experience in commercial departments; Purchasing and Marketing, in both Spanish and multinational companies: A.C. Nielsen Company, El Corte Inglés, Carrefour and Coca Cola Spain, where she has occupied executive positions. During this stage, she has had the responsibility of managing work teams and has developed new projects and business lines.

María has a Bachelor’s degree in Business Administration from the University of Alcalá de Henares (1992) and Master in Business management and Marketing by ESIC (2000) She is accredited in (BST) Benzinger.

**Maria works in Spanish and English.**