

Miriam Subirana

Associate Fellow of the Oxford Leadership Academy, Spain



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Miriam Subirana is an Associate Fellow of Oxford Leadership Academy, Spain.

She is an international speaker who combines leadership skills with the use of art and creative meditation techniques which are designed to awaken and execute the creative potential of those who attend her seminars.

Miriam is the founder and director of Yesousi, the international center for creativity, values and coaching.

Miriam Subirana's strength lies in her experience:

- As a painter she has exhibited in more than 15 countries in three continents over the past 20 years.
- As a writer she has published many articles, and four books: "Quien Manda en Tu Vida" (published in English in 2008 under the title "Who Rules in your Life?"), "Atreverse a Vivir" ("Dare to Live", 2008), "Vivir en Libertad" ("Live in Freedom", 2009), and "Creatividad para Reinventar tu Vida (2009).
- As a lecturer she has addressed groups from over a thousand people to small selective groups in over 20 countries.
- As the President of a non government organization in Spain she has managed a group of over 250 volunteers and 18 branches that opened during her presidency from 1986 to 2008.

She has worked in India as the creator and coordinator of two international Art galleries, one off them in Agra near the Taj Mahal.

Miriam's seminars combine the wisdom of eastern thought with the practicality of emotional intelligence, Appreciative Inquiry (trained directly by David Cooperrider and Judy Rodgers), Art techniques, including; painting, drawing and writing, and creating sacred spaces in which each participant feels safe to open up. She has motivated hundreds of people to transform their lives by opening up to new possibilities.

Miriam is an Associate Fellow of Oxford Leadership Academy, and is licensed to deliver the Self Managing Leadership™ programme, and is a certified CTI (Coaching Training Institute, USA) coach. She has extensive experience in coaching top managers in multinational companies and NGOs.

Miriam's professional experiences have led her to develop a deep understanding of different cultures, and allow her to facilitate engagement and alignment across multiple cultures and continents.

Her seminars address themes such as: Unblock your creativity and flow; Heal the past, enjoy the present and prepare for the future; The art of thinking, the art of living; Dream your life or live your dream; The inner dialogue, living our freedom; Wholeness and being open to love; Understanding your fears and overcoming them. Emotional and Spiritual Intelligence. Creativity, Imagination, and Intuition.