

Liliana Chethuan

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Liliana is an international coach, trainer and speaker with more than 15 years of experience in the fields of leadership and self-development.

Based in Canada, she facilitates the executive and personal development of people in companies as well as organizational leadership and talent management across multiple continents and cultures.

Liliana combines her creative and innovative skills, her trilingual competency in English, French and Spanish and her real-world integrated awareness of human nature, to provide a strong foundation for leading leaders and making a significant difference in organizations and people's lives.

She openly shares her enthusiasm and knowledge by blending the wisdom of her professional and personal experiences in the east, with the pragmatism of her solid academic background as a Psychologist, with Masters Degrees in Biomedical Stress & Environmental Psychology from La Sorbonne in Paris.

Her several coaching and training program certifications including Effective Intelligence and the EQ-i BarOn assessment on Emotional Intelligence, allow her to accurately coach and train at an organizational, executive and personal level, as successfully done in companies like Ernst & Young, Abbott, Hoffman la Roche, IBM, BBVA, YPO and Cemex among others.

Liliana is known as a very dynamic, engaging and knowledgeable presenter, coach and practitioner.

She is the founder of Integral Intelligence, where she exerts her passion for human nature by imbibing her organization's slogan: *Inspire. Integrate. Innovate.*