

Jonas Sjöholm

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Jonas Sjöholm is a Fellow of Oxford Leadership Academy. Prior to establishing his own consulting and coaching company in 2002 he held several senior positions within the IT sector of the finance and retail industries. As the holder of a Diploma in Psychosynthesis therapy from the Psychosynthesis Academy of Stockholm, he is deeply committed to facilitating the personal and professional growth of the people he works with.

Jonas Sjöholm started his professional career in the business-related IT solutions sector of one of Sweden's major banks. In 1995 he became head of a global division responsible for all IT related business and business development within Trading and Investment banking globally. The division, comprising of some 200 people, operated throughout Scandinavia, the UK and the USA, in addition to a smaller unit in Singapore.

In 1999 Jonas became Managing Director of Entra Financial Solutions the largest subsidiary within Entra Data AB; a Swedish Stock Exchange listed firm offering business consultation to the finance industry.

In 2001 he was recruited by H&M. As Managing Director his first task was to revitalise the management team. His role as CIO for the group involved the management of the business in the regions of Asia, North America and Europe.

Jonas describes himself as "continuously looking for opportunities to serve other people's growth and, of course, also seeking opportunities to grow myself." To this end, in 2002, he founded his own company specialising in leadership training, coaching and group development. He is involved in the coaching and development of leaders and runs open training courses. Furthermore, Jonas employs his expertise as a personal therapist and as a developer of group processes.

Jonas' proficiency in the field of leadership has led him to work alongside a wide range of clients including; Cap Gemini, Ernst & Young, H&M, GE, Price Waterhouse Coopers, Pitney Bowes, Håll Sverige Ren and Kabi Fresenius. Furthermore, as a Management Processes Developer and Coach he has worked with organisations including; Price Waterhouse Coopers, H&M, GE, GM, Elanders, Handelsbanken, the Swedish Post Office, TAB, Agria Insurance, Nordea and Volati.

Jonas Sjöholm holds a Bachelor's degree in economics from Stockholm University, obtained his Executive MBA from the Stockholm School of Economics in 2000, his Psychosynthesis Therapy Diploma in 2007, and has completed a year-long leadership training course at IFL Executive Education