

## Bo Heimann

Fellow of the Oxford Leadership Academy, Denmark



email: [bo.heimann@oxfordleadership.com](mailto:bo.heimann@oxfordleadership.com)

**Bo is a Fellow of the Oxford Leadership Academy Denmark and a consultant, executive coach and trainer.**

He is committed to supporting organisations and individuals in their personal growth through self-awareness, hence creating a leadership culture from the inside out. Bo has been associated with the Oxford Leadership Academy for the past two years.

Originally a journalist, Bo went from the media world to PR-agencies and the position as Head of Press in Denmark's 2nd largest telephone company from 2000-2004. During those years he also studied NLP and psychotherapy. The last year at the telco he served as interim President of Communications.

Since 2004 Bo has been an independent consultant, designing and leading workshops in the field of communication, personal power and 'inner leadership' often utilizing the meditation tools he has learnt from his studies in Buddhism and stays in Indian ashrams. In the past six years, Bo has also helped leaders from across a variety of industries within the public and private sector with 1:1 coaching.

In February he embarked on an Masters degree running over two years in 'Leadership- and Organizational Psychology' at the University Aalborg.

Bo is author of eight books in the area of consciousness-development (all published in Danish only).